Handwriting
For Brain Development

WEEK TWO

Activity A: Why Learn the Skill of Cursive

There is no activity for this segment. All the other videos this week are examples of how to do the skill development.

In all the skill development this week, it is best if you can practice at a table. Do stretching exercises before you start. Use the tripod grip without tension anywhere in your body. Breath and relax while you practice. Try both the large and small samples. Use your Handwriting Improvement Notebook to continue practicing. It is not important that you learn which letters fall under which type of doodle. You can forget that entirely once you have mastered the skill. You can write on top of the samples multiple times if you want. Our goal is to become totally automatic so that you do not have to think hard when forming these letters.

B: Ocean Waves

In this segment you will practice letters c, a, d, g, o, q. After learning these letters, practice writing words that include these letters.

C: Point Top

In this segment you will practice letters i, t, j, u, w, y. After learning these letters, practice writing words that include these letters.
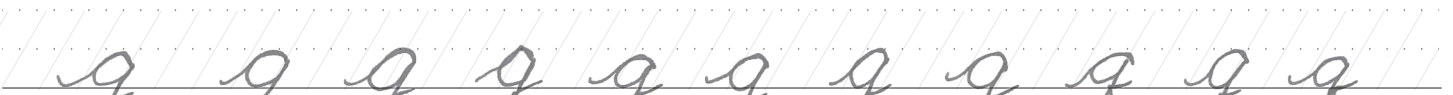
D: Loopy
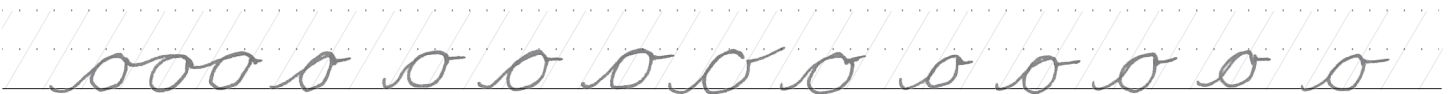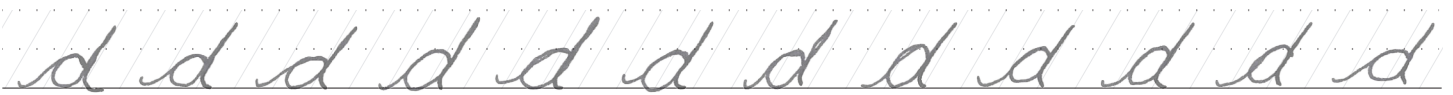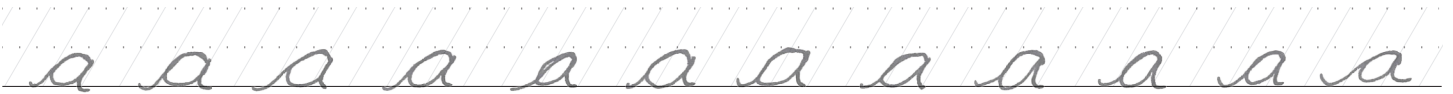
In this segment you will practice letters e, l, b, f, h, and k. After learning these letters, practice writing words that include these letters.

E: Upswing

In this segment you will practice n, m, p, r, s, v, x and z. After learning these letters, practice writing words that include these letters.

Ocean Waves

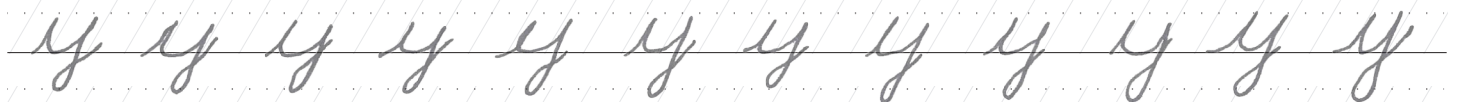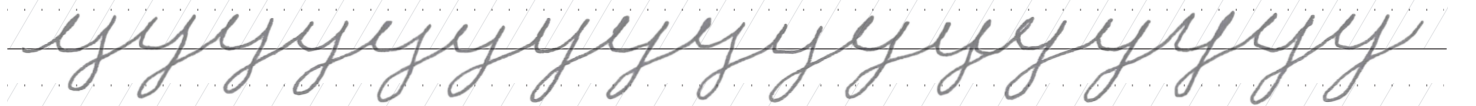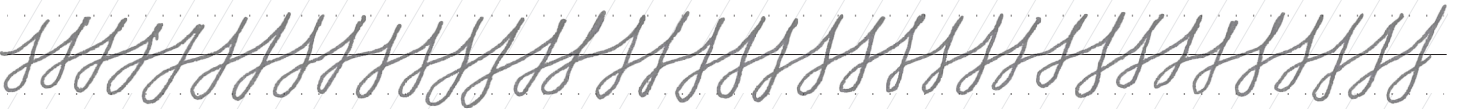Write on top of the samples then continue with your own.

Small Ocean Waves

Write on top of the samples then continue with your own.

ccccccccccccccccccccccccccccc

ccccccccccccccccccccccccccccc

c c c c c c c c c c c c c

a a a a a a a a a a a a a a

d d d d d d d d d d d d d

g g g g g g g g g g g g g g g

o o o o o o o o o o o o o o o o o o

q q q q q q q q q q q q q q q

Point Top

Write on top of the samples then continue with your own.

Small Point Top

Write on top of the samples then continue with your own.

Loopy

Write on top of the samples then continue with your own.

Small Loopy

Write on top of the samples then continue with your own.

Upswing

Write on top of the samples then continue with your own.

Small Upswing

Write on top of the samples then continue with your own.