

It's About YOUR Time

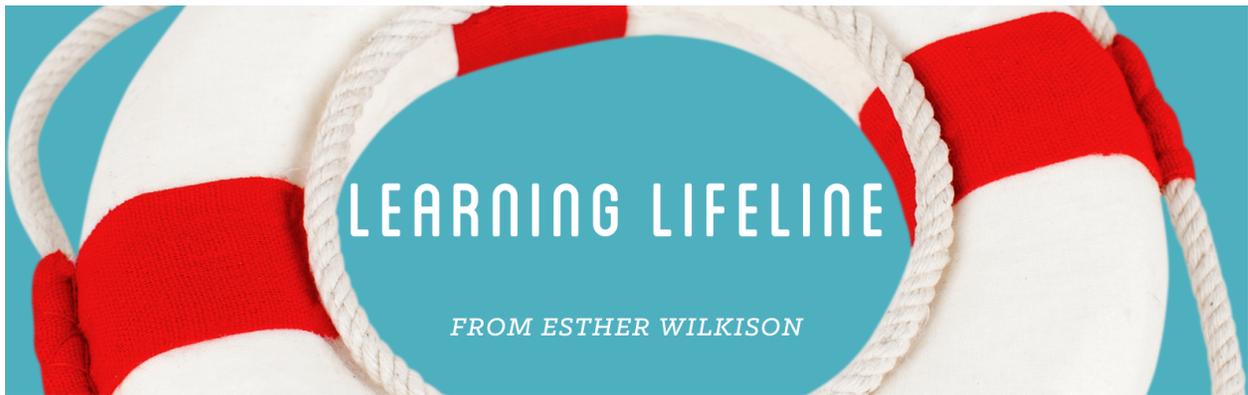
Imagine what it would be like to know God worked miracles to keep you alive when you should have died as a baby. On top of that, imagine God had also orchestrated events so that the most powerful woman (possibly in the world) raised you as her son. Now imagine that, after receiving elite military and leadership training, you choose to throw all your weight into disrupting one of the worst human trafficking schemes of all time.

If that were the opening of your story, we would expect to read about heroic action—but instead, we read how Moses fought, became fearful, and fled. Why did God leave him in the desert forty years when the needs of the oppressed were so extreme?

To answer that—consider that while Moses' origin story was miraculous, it was also traumatic. He was born into multi-generational slavery in the middle of a campaign of genocide. He was separated from his birth mom and placed in the same household that enslaved his people, murdered his peers, and attempted his annihilation. Not exactly what you would call an ideal foster placement.

The impulsivity, anxiety, and fight/flight response we see in Moses is precisely what is evident today in all of us who—like Moses—have been harmed by events that overwhelm our nervous system's ability to cope. God loved Moses and gave him the gift of time to heal and bond with Him. Do you know what is totally amazing? Moses took that gift of time!

Moses didn't need to invest years in destroying the enemy army. God could handle that in just one night. Forty years were better spent re-regulating Moses so that he could (usually) stay calm and re-regulate the nervous system of God's people when



God freed them from slavery and healed them from the effects of living under coercive control.

Likewise, God offers us a gift of time—daily stillness and solitude as well as a weekly stop-day. God knows we need time—not to accomplish more, but to dwell in Him and connect with others in ways that bond us in deep attachment. I vote we take His gift of time so that He can teach us how to slow-dance through our days to the rhythm of His grace.